

Gyms/Fitness Centers

Open with restrictions May 16th

Workspace	Employees	To Protect Customers
<ul style="list-style-type: none"> ● All locations shall be limited to 30% of fire code capacity ● Spread people out to that there is at least a 10-foot social distance between individuals throughout the facility. ● Indoor and outdoor shared spaces (waiting areas, gathering spots) must remain closed. ● On-site child care facilities must remain closed. ● Any self-service areas shall remain closed. ● Signs shall be posted at entrances and throughout the location as needed to remind customers of a minimum of 6 feet social distance and proper hygiene. ● Implement one way enter/exit and directional walkways as much as possible. ● Reasonable accommodations are made for vulnerable populations. 	<ul style="list-style-type: none"> ● Employees must clean and disinfect shared equipment between customer uses. ● Employees shall be screened and those who are symptomatic shall be excluded from the location and isolated for 10 days, per CDC guidelines. ● Face coverings shall be worn by all employees at all times. 	<ul style="list-style-type: none"> ● Customers should be encouraged to wear a face covering both when entering the facility and while in the facility, unless a face covering inhibits the participants' ability to participate in the fitness activity. ● Given the many unknowns regarding how COVID-19 is spread, use of equipment in the gym must be limited to no closer than every other machine so that participants are not exercising right next to each other and smaller exercise rooms with poor ventilation should be discouraged from use. ● Personal training is allowed while strictly adhering to social distancing guidelines and limited to 4 people, plus the instructor. ● Customers shall be screened before entering the location and anyone who is experiencing symptoms shall be excluded. This can be accomplished by signage on the door notifying the public not to enter if they have any symptoms of COVID-19. ● Provide readily available handwashing and/or sanitizer for employees and customers.
	<p>This guidance is for:</p> <ul style="list-style-type: none"> ● Gyms ● Fitness Center 	<p>Additional Resources for Guidance</p> <ul style="list-style-type: none"> ● Cdc.gov ● Cdphe.com